

Curriculum area	Topic	Year	Session Number	Skill
Invasion Games	Basketball	3/4	#4	Making choices for attacking & defending

#### Equipment

- Basketballs/large balls
- Cones for set up
- Bibs

#### Learning Objective

- To make simple attacking and defending decisions.
- To improve decision making skills to achieve success

#### Success Criteria

- I can move into space when attacking.
- I can try to intercept or block when defending.
- I can choose when to pass or dribble.

#### Key words

- Decision Making
- Communication
- Space

#### Preparation Ideas/Warm Up

##### Germ & Medicine –

Pick 2/4 taggers (these will be the germs). Pick the same number of children with a ball (these are the medicine)

If you are tagged by a germ, you must freeze in the ready position we learned last week, standing ready to catch the ball W shape. You can join back in when a medicine passes you the ball, you will then become the medicine and find someone else to free. Start with 4 balls, increase or decrease depending on ability.

#### Skill Development

##### Shuttle defending

All the children lined up on one side of the activity area. We are going to learn how to shuttle defend in order to intercept an attacker

Allow the children to have a few turns moving from one side to the other using this technique. Remember to keep our knees bent as we move backwards to allow us to move quicker

Progression:

>Children to be in pairs. One tagger and one runner. The runner has to get past the defender, whilst the defender has to shuffle back and wait for the right time to tag the runner

### 1v1

Split the basketball court into 3 sections using the 3 sections of the court. Pick 6 teams and two teams will face each other in each section. They will start on the side line of the court on each side facing, one team will attack first, they will start with the ball and try and cross the other teams back line. If they are tackled, the game is over and next person goes, swap attacking team after everyone has had a turn. 1 point is awarded if the attacking team is able to get across to the other side

Progression:

>Allow the defender, if they intercept, to be able to dribble to the opposition line to win a point

### Game

#### 2v1 –

The game works in the same way as the previous activity, the attacking team must try to cross the defending team's line. This time however, there are 2 attackers and 1 defender. This is where we think about tactics. The attackers need to work out when it is best to pass and when is best to dribble. The same with the defender, when do I look to intercept the ball. Allow teams to swap to have a go at attacking and defending.

### Teaching points

- Side step defending position. This is where we have one foot in front of the other with a small gap between our feet, our knees bent with one arm (preferably your strong hand) out in front ready to intercept the ball. This allows us to move backwards when the attacking is dribbling without them being able to get past on either side.
- Wait for the correct timing to attempt an interception – When the attacker loses control of the ball.
- When attacking – dribble with unpredictability – can we change direction to confuse defenders
- The attackers need to think when is it best to pass and when it is best to dribble. Passing is the best option when the defender is close to us and our team mate is in space. The opposite applies for when dribbling is the best option.

### Key Questions

1. As an attacker, when is it best to pass and when is it best to dribble? – *it depends on where the defender is*
2. As an attacker, how can we protect the ball from the defender? – *dribble with close control and use our body at times to block*
3. As a defender, who should you look to defend in a 2v1 position? – *Defend the person with the ball but look to block any passes to their team mate*

### National curriculum links:

- Using running, throwing and catching in isolation and combination
- Play competitive games with others, applying basic principles for attacking and defending
- Develop technique and control through playing basketball

**Social and environmental skills:**

- Developing team work skills
- Improving communication skills
- Learning about making correct choices and decision making skills