

Curriculum area	Topic	Year	Session Number	Skill
Invasion Games	Handball	3/4	#6	Handball Games

### Equipment

- Footballs
- Cones
- Bibs
- Goals if available

### Learning Objective

- To apply skills in a competitive game situation.
- To follow rules and play fairly.
- To demonstrate teamwork and respect.

### Success Criteria

- I can play handball following the rules.
- I can show fair play and respect to others.
- I can use dribbling, passing and defending in a game.

### Key words

- Rules
- Respect
- Sportsmanship

### Preparation Ideas/Warm Up

#### Creative Team Warm Up

Depending on the size of the class, split the children into even teams (of 5-6 max per team) Give each group a ball and allow them to go and create their own warm up. This should include a dynamic movement (jog, shuttle), a stretch (1 stretch per person in the group) and practice passing the ball in the group

### Skill Development

#### Game

Depending on the size of the space you have and staff members available, set up one or two areas (around half size basketball court). You could use goals with keepers outside. If indoor, you can use an end zone with a player inside.

Split the class into 4 even teams.

You may only have enough space for one court, which will mean two teams have to sit out and watch. This is fine, as in this time teams can come up with simple tactics for attacking, defending and positions to help them in their next game.

Children who are not playing can be used as referees or assistants if wanted. Roles can include:

>Time keeper  
>Score keeper

Playing with 4 teams

Court 1	Court 2
1 v 2	3 v 4
1 v 3	2 v 4
1 v 4	2 v 3

### Teaching points

- Reiterate the rules throughout the session, especially when they are broken during the game to help the children further understand them.
- Make sure that the children are spread out into space when their team has the ball. If you see them bunched together, you can use a time bomb (this is a 3 second rule where they must spread out)
- Make sure that the defenders are marking an opponent. They should all be stood next to an opponent
- Constant praise for good work throughout the games

### Key Questions

- Can you name me a rule for the game and the possible consequence for breaking that rule?
- As an attacker, how can we help our team mate who has the ball? – *Look for space to receive*
- How can we show respect during the session?
- How can we show good sportsmanship in the session?

### National curriculum links:

- Use running throwing, sending and receiving in isolation and combination
- Play competitive games against others, applying basic principles for attacking and defending

### Social and environmental skills:

- Learning to respect others
- Developing team work and collaboration skills
- Developing good communication skills
- Showing encouragement & compassion
- Being able to follow instructions and rules