

Curriculum area	Topic	Year	Session Number	Skill
Invasion Games	Dodgeball	5/6	#5	Refereeing & Rules

Equipment

- Dodgeballs
- Cones
- Bibs
- Small sponge balls

Learning Objective

- To be able to show respect and fairly follow the rules
- To understand the rules of dodgeball and implement them as a referee

Success Criteria

- I can explain and apply the rules consistently.
- I can referee fairly and confidently.
- I can show respect for decisions.

Key words

- Respect
- Rules
- Communication

Preparation Ideas/Warm Up

Chaos Dodgeball

Everyone is a tagger and can tag anyone. To tag, you must throw a sponge tennis ball off another player. If you get tagged with the ball, you move out to the side of the room. You can re-enter the game when the person who tagged you gets tagged. If the children are out too long you can give them ways to buy their way back into the game (sit ups, star jumps, standing sprinting etc...)

Talk to the children about respectfully following the rules of the game and how it is important when playing dodgeball, to be honest and fair when you have been struck.

Skill Development

Setting the rules and expectations

Split the children into teams of 5. If this is not possible, make sure that we have 6 teams of at least 4 players per team.

Talk to the class about the dodgeball rules (see dodgeball rules sheet). You may want to hand out a sheet to each class. From there, go through each rule and discuss different scenarios with the children, and whether the player would be out with any of the rules, with each team having a whiteboard and pen to write out or not out for each answer. Scenarios to use:

>A player attempts to catch a ball, but the ball drops to the floor after the attempted catch. What decision should be made?

- >A player catches the ball successfully, what decision is made?
- >The ball bounces up from the floor and hits a player, are they out?
- >The game starts, player 1 runs to the middle to collect a ball and immediately throws and strikes player 2. Is player 2 out?
- >A player uses the ball to successfully shield and block the ball from hitting them. Are they out?

Game

Refereeing Games

Set up 2 dodgeball courts, with 3 teams playing on each court. We will have two teams playing at a time, with the third team refereeing the games. Normal dodgeball rules apply and have a time limit of 5 mins per game. Have each of the 3 teams wearing different coloured bibs to differentiate when playing.

Referee roles:

Player 1 and 2 – Stood on opposite sides of one side of the court. Their job is to watch out for anyone being hit out on their team, or anyone catching the ball from the opposition team. Player 2 is also responsible for returning players to the game if there is a successful catch.

Player 3 and 4 – Have the same jobs as player 2 and 3, but for the opposite team. Player 3 is responsible for returning players to the game if there is a successful catch

Player 5 – If a team has 5 players, player 5 stands on the centre line of the court. Their job is to watch out for anyone stepping over the middle line. They are also responsible for time keeping.

Teams to switch roles after each game, with players in the teams taking up different roles each time their team referees. You may also want to switch up teams playing in different areas to allow teams to play against others.

Teaching points

- Make sure that each team fully understand the rules of the game before refereeing. This is why the first part of the main session is so important. Can we see the teams, discuss as a team, the answers for each scenario.
- We want to see the refereeing team use good, clear communication, not only with themselves as a team, but also with the two teams playing, to avoid any confusion as to whether a player is out or not out. We want to hear a clear name and 'OUT' when giving instructions to those playing the game.
- When playing in the game of dodgeball, we want the children to be respectful of the refereeing decisions, not questioning whether they are or are not out. Can we show that respect to the referees and follow their instructions to keep the game flowing.

Key Questions

- Can we name a rule in dodgeball?
- When we are refereeing, why is it important to have good, clear communication with those playing the game?
- How can we show respect to the referees throughout the game?

National curriculum links:

- Use running, throwing and catching in isolation and combination
- Play competitive games against others, applying basic principles for both attacking and defending

- Develop control and technique through playing dodgeball.

Social and environmental skills:

- Developing team work and collaboration skills
- Developing communication skills
- Developing leadership skills
- Showing respect to others throughout the session