

Curriculum area	Topic	Year	Session Number	Skill
Invasion Games	Handball	5/6	#3	Tactics & strategies

Equipment

- Handballs
- Cones
- Bibs

Learning Objective	Success Criteria
• To understand the need for tactics and can identify when to use them in different situations. • To be able to work as part of a team and show some leadership in decision making	• I can move to support the ball carrier. • I can use width and space effectively. • I can communicate to organise attacking play.

Key words

- Tactics
- Creativity
- Teamwork
- Leadership

Preparation Ideas/Warm Up

Chaos Tag In Pairs

Everyone will be a tagger, if you are tagged you **and** your partner will be out until the person who tagged you is tagged. If two people tag each other at the same time you must do rock paper scissors winner stays in.

After the first round allow the class to discuss with their partners any tactics, they could use in this game to help them be more successful. At the end of the game allow some of the class to share their tactics.

Progression:

>You could allow one partner to be the leader and make decisions for the pair.

Skill Development

End zone

Split the space in half and create two equal court areas for the children to work in. Split the class into 4 even teams.

At either end of each court, add in a line of cones creating an “end zone”. One player will be standing in the end zone opposite to where your team starts.

To score in this game, the ball must be played into the end zone and caught by the player on your team. Only 1 person is allowed in the end zone at a time, if there is more than 1 and the ball is caught

then the point does not count. Once the ball is caught, the player in the end zone can swap with the player who threw the ball to them.

Rules:

>No contact sport means that we cannot touch another player. We can only intercept a pass or swipe at a dribble, only making contact with the ball. A free throw is awarded where the infringement took place

>We can continuously dribble with the ball using one hand. However, once the ball is caught with two hands, you can take up to 3 steps, for 3 seconds, before you have to release the ball. Again, a free throw from where the infringement took place is awarded for a violation.

>If the ball goes out of bounds, a free throw is awarded from the sideline

Game

Go Forward

Using cones, add a halfway line in each court and keep the end zones from the last game. This time, every person from your team must be in the other team's half before you can score a point. The same rules apply to the game

This game requires more communication and teamwork from each team

Progression:

>Add in 2-3 hoops around the area. Now you can pass to someone in a hoop, adding bonus points if you pass to someone standing in a hoop. You get 1 point per time the ball is passed into the hoop but 2 points for passing to the player in the end zone. As before, everyone must be in the other team's half before shooting in the end zone. You do not have to stay in a hoop, you can go into one and leave at any time. The defenders cannot enter the hoops.

Teaching points

- Explain to the children about tactics and how they can be used to impact the outcome of the game. Some examples of tactics could be:
 - >Moving the ball quickly between the group to give the opposition less time to close down the person with the ball
 - >Having attackers and defenders who have clear jobs
 - >Having the whole team attack and the whole team defend
 - >Making sure that everyone is in front of the person with the ball to give them more options for a forward pass
 - >Specifically marking one person from the opposition when defending
 - >Only defending the end zone as a team
- Allow teams a few minutes in between games to come up with some tactics that they may want to use in the next game. You may want the winning teams to share examples of tactics that they have used to win the game previous
- Make sure we can see good communication between the teams, especially when it comes to the go forward game. With each player needing to be in the opposition half, we need all players communicating well so that the team can score a point.

Key Questions

- What do the terms tactics and strategies mean?
- Can we explain a tactic and strategy we used in the previous game?
- How can we work effectively as a team?

National curriculum links:

- Using running, throwing & catching in isolation and combination
- Playing competitive games against others, applying basic principles for attacking and defending
- Developing control, balance and technique through playing handball

Social and environmental skills:

- Developing team work and collaboration skills
- Developing good communication skills
- Showing creativity in their work, coming up with tactics
- Developing leadership skills