

Curriculum area	Topic	Year	Session Number	Skill
Outdoor Adventure	OAA	5/6	#3	Birds Nest

### Equipment

- Hoops or cones to separate groups.
- Materials from the environment
- Small balls

### Learning Objective

- To understand the environment and materials we can use to build a bird nest.
- To be creative and work as a team.

### Success Criteria

- I can show an understanding of the different materials that we can find in nature, to build a bird's nest that is strong and insulated.
- I can show good creativity when building the nest, being resourceful and using the materials found to build the nest.
- I can work as part of a team in order to build the nest, using good communication and team work skills

### Key words

- Environment
- Creativity
- Resourceful

### Preparation Ideas/Warm Up

#### Over Under

Class to be split into teams of 4-5 per group. Each group will line up one behind the other, with the player at the front starting with the ball. Have a target cone set up around 10-15m away. The ball is passed through the line to the player at the back, who will then run to the front of the queue. This will move the queue forward, closer to their target.

The aim of the game is to pass the ball from the front of the queue to the back, keeping control of the ball and using good team work, to move your line forward, reaching the target line first.

#### Passes:

>Over under – First player hand the ball by placing the ball over their head, the next player takes the ball and puts it through their legs, then back over their head, then back through the legs and so on.

>Left and right – Passing the ball to the next person to the left, then to the right, then to the left and so on.

>Ball roll – Each player opens their legs. The player at the front rolls the ball through every team member's legs to the player at the back. They then run to the front, moving the line forward and roll again. The ball must travel through each team member's legs. If not, the ball must be rolled again.

## Skill Development

### Building the nest

Split the class into teams of 2-3. One team member must stay around the nest at all times. The aim is for the other players to resource materials from the outdoor area, acting as a bird. This means that they can only collect materials that they can pinch with their thumb and index finger (like a bird would with their feet).

Before beginning, talk to the children about bird's nests.

>Q. What type of material is used to build the foundation and outside of the nest? – Twigs, sticks etc.

>Q. How would you describe the materials used on the outside? – Strong, hard

>Q. Why use that type of material to build the outside? – To make it strong, stop intruders.

>Q. What type of material is used on the inside? – Leaves, grass, moss

>Q. How would you describe those materials used on the inside? – Soft, warm

>Q. Why use that type of material on the inside? – To keep themselves/the eggs warm and comfortable.

NOTE – We do not want to see the children destroying the environment to gather materials. This means we cannot pull down branches/leaves or pull away at long grass. We can only use materials that are found on the floor, that a bird would be able to pick up (again, we don't want to see big branches or big amounts of loose grass used at once, as this would be unrealistic for a bird to pick up)

The children can swap roles throughout the session, taking it in turns to collect resources and being guard of the nest.

## Game

### Group Show

At the end of the session, allow all groups to stand up and walk around, looking and feeding back on other's nests. Bring all the class together and ask them which of the other team's nests they were impressed with, and why?

Once finished, we will then ask the groups to return the materials back to where they were found, and therefore we finish the session making sure the environment has been untouched.

## Teaching points

- It is important that the children understand how to look after the environment. Talk to them about the need to protect the environment, not leaving any litter that may damage it, making sure we do not destroy trees, flowers and forest areas.
- Talk to the class about working together as a team when building the nest. Communicate ideas to one another about how we want the nest to look, what materials we want to use and where we can find those materials. Can they also take it in turns to collect resources, meaning their partner can have a rest.

## Key Questions

- What can we do to protect our environment?
- Describe the inside and outside of the nest, how they differ and why they differ?
- How can we work as a team to build a nest?

**National curriculum links:**

- Use running and catching in isolation and combination.
- Take part in outdoor and adventurous activity challenges both individually and within a team

**Social and environmental skills:**

- Developing good communication skills
- Developing team work and collaboration skills
- Showing creativity and imagination in their work